

## Patients, please note:

When you telephone for an appointment please be aware the Receptionists will check your eligibility to have a flu vaccination based on the 'at risk' criteria or if you had the flu jab last year.

Therefore you will be asked by the Receptionist which 'at risk' area you fall into (if you know) OR if you had the vaccination in 2007.

If you or the Receptionist are unsure of your eligibility a flu vaccination appointment will be made for you but your name (*and telephone number*) will be passed to a Nurse who will check your eligibility.

**If you are unfortunately not eligible the Nurse will cancel the appointment and telephone you within a week to inform you of this.**

## I am not eligible for a flu vaccination but I would still like one - what can I do?

You can book an appointment (from Tuesday 23rd September) to have a vaccination at our Private and Complementary Health Centre, Green Tree Health, 11 St. Margaret's Street, Bradford on Avon. **Tel: 01225 867098**

**The Private flu clinic is being held on: Saturday 18th October  
8.30am—10.30am.**

**Each injection will cost £15.00.**

Stocks are limited and vaccinations will be administered on a first-come, first-served basis.

Please note you will need to pay for your vaccination on the day before it is administered.

*Payment methods:- Cash or pre-written cheque made payable to: The Health Centre*

## Bradford on Avon Health Centre



1st September 2008

# FLU INFORMATION FOR PATIENTS

- Who needs a flu jab?
- Who is 'at risk'?
- I am not eligible for a flu vaccination but I would still like one — what can I do?
- When can I book an appointment?

Please note:

**Invitation letters  
are not being sent to  
patients this year**

### *The Patient Participation Group*

The volunteers helping you at the flu clinics will be members of our Patient Participation Group (PPG).

This group meets on a Monday evening every three months and all patients are invited to attend. Meeting dates are advertised in the surgery & on the practice website:

[www.boahc.co.uk](http://www.boahc.co.uk).

Any patient wishing to join the PPG can either attend a meeting or contact Lynne, the PPG Secretary on: 01225 783630 or [lynnecoombs@onetel.com](mailto:lynnecoombs@onetel.com)

## Who needs a flu jab?

Those patients who are at higher risk.

### How do I know if I am at higher risk?

- Are you over 65?
- Do you have Asthma?  
*Restrictions apply, please read Asthma section on this leaflet.*
- Do you have Diabetes?  
**All** patients with diabetes are entitled this year.
- Have you had a Heart Attack?
- Have you had a Stroke?
- Do you have Heart Disease?
- Are you a carer?  
*The Definition of a carer is listed separately in this leaflet*
- Do you have Liver Disease?
- Immune Deficiency?  
(splenectomy, HIV)
- Kidney Disease?
- Do you have COPD? Or any other chronic lung condition?
- Do you have MS or a similar disease?

If you answer **YES** to any of these questions, you are entitled to a FREE flu vaccination on the NHS.

### I had an NHS free flu jab in 2007, can I have it again this year?

Yes, if you had a free NHS flu jab last year you will be entitled to one this year.

### When should I telephone to make an appointment?

Flu bookings can be made from Tuesday 23rd September 2008 on 01225 865200

## I have asthma and I understand there are restrictions. Which asthma patients are eligible to have the flu jab?

Asthma patients can have a flu jab if they have:

- Chronic respiratory disease
- Asthma that requires continuous or repeated use of inhaled/systemic steroids
- Previous episodes requiring hospital admission

### What is the definition of a carer?

Anyone who is looking after a relative or friend who because of a disability, illness or the effects of old age cannot cope at home without help.

### When are the flu clinics being held?

8.30am—12.30pm  
on the following dates:

Saturday 4th October  
@ The Health Centre

Saturday 11th October  
@ The Health Centre

Friday 17th October  
@ The Winsley Surgery

Saturday 18th October  
@ The Health Centre

More information overleaf.....