

Bradford on Avon  
Health Centre  
Newsletter



April 2006

Edition 5.

### New Telephone System

Our new telephone system is coming! Installation is due to begin on Friday 7<sup>th</sup> April. We hope that the new system will be up and running by Thursday 13<sup>th</sup> April.

We are arranging this project so that it causes minimal disruption to patients and staff.

We have chosen a system that is much more user friendly. However, this means that you may notice a few changes and we hope these are for the better!

Have you visited our website yet?

[www.boahc.co.uk](http://www.boahc.co.uk)

Welcome to our new receptionist, Pat McDonald. She started on 20<sup>th</sup> March and has been learning how our reception works.

### Winsley Health Centre is Opening!

Following a lively debate, we have decided to call our new branch surgery "Winsley Health Centre." It will be opening on Monday 10<sup>th</sup> April and can be found next to the Spar shop in the centre of Winsley.

All of Partners of The Health Centre will be holding surgeries in Winsley and there will also be daily nurse clinics.

We are working hard to ensure continuity of care and excellent organisation, however please bear with us if there are a few hiccups along the way.

### Our New Dental Practice

The Partners have been working with a local dentist, Judith Starkey, to ensure the continuation of NHS dentistry at The Health Centre.

A brand new contract for all NHS dentists is to commence on 1<sup>st</sup> April. This involves some changes to patient charges and access arrangements. The doctors at The Health Centre feel that supporting this service is very important.

Further details are available from the dental reception. Alternatively, please visit our website [www.boahc.co.uk](http://www.boahc.co.uk).

## Reiki at Green Tree Health

Reiki has arrived at Green Tree Health and appointments are available on Monday and Tuesday mornings. You can discover more about the treatments and courses offered by Julie of 'Reiki Freedom' from The Health Centre website. Concessionary rates for the elderly, unemployed and families on low incomes are also offered. Julie's motto is "create your day, don't let your day create you".

## Patient Participation Group

The second meeting of the Patient Participation Group (PPG) was held on 20th March at The Health Centre during which the Chairman of Westbury Surgery Patients' Forum spoke about his experiences in setting up the Westbury Group.

A Steering Group has been elected to take the PPG forward for the next 6 months after which a formal Committee will be elected. The Steering Group is made up of four members, Lynne Coombs, Alan Fox, Trevor Rothwell and Denise Savage. This group has already met to discuss proposals for the Constitution together with aims & objectives. The PPG would welcome more members particularly representatives from the under 18 age group, parents with young children and patients with sensory or physical impairments. If you are interested in getting involved in the PPG please come along to our **next meeting on 24th April at 7 p.m. at The Health Centre.**

## Stress Management is now being offered at Green Tree Health

Veronica Bassett is offering single and group stress management courses from Green Tree Health. For more information telephone 01225 867098 or call Veronica directly on 862579

## News on the Bradford on Avon Hospital site.

There was a public meeting to commemorate the work done in the past at BOA Hospital and to inform the town of the need to take part in the consultation process starting April 7th.

The Town Group, consisting of town council members, local doctors and nurses, social service workers and patient representatives have put forward a document called "Things could be Different" outlining possible plans for change. Copies are available from the surgery; please take one and make your views known!

## Clinical Trials

- Have you had a viral infection that has left you with a cough?
- Are you concerned about your cholesterol or lipid blood levels?
- Do you go to the loo more than 8 times a day?
- Do you have arthritis of the hip or knee and need regular painkillers?
- Do you suffer from problems with erections? Are you aged 18-65?
- Do you take need to take daily pain control medication but also suffer from constipation? Would you be interested in trying a new tablet that is being developed to try to help improve your symptoms?
- Do you have diabetes controlled only by diet and exercise?

If you have said **YES** to any of these questions and are interested in finding out more please telephone Sue Matthews or Beverley Lewis Belza on 01225 860033.