**Patient Participation Group (PPG**)

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The Royal College of General Practitioners is running a campaign called “Your GP Cares” this campaign is based on the urgent need for more resourcing in General Practice.

For further information please visit: -

[www.putpatientsfirst.rcgp.org.uk](http://www.putpatientsfirst.rcgp.org.uk)

Dates for next PPG meetings:

9th December 2014

7pm BOA Health Centre

General Meeting



**Pneumonia**

**Vaccination**

You are entitled to a pneumonia injection if you are 65 yrs old or born before 1st April 1950. Patients who are ‘at higher risk’ are also entitled, please read our national leaflets or speak to one of our receptionists.

**Dementia Friends**



“People with dementia get by with a little help from their friends”

Anybody can become a Dementia Friend. Recently the following practice staff attended the Dementia course Angie Benford (Managing Partner), Amanda Brookes (Business Manager) Ros Carlile (Nurse Manager).

People with dementia want to carry on going about their daily lives and feeling included in their local community, but they sometimes need a helping hand to do so.

During the training, Dementia Friends learn a little bit about what it's like to live with dementia and turns that understanding into action. This could be helping someone find the right bus or being patient in a till queue if someone with dementia is taking longer to pay. Every action counts.

For further information please visit: -

[www.dementiafriends.org.uk](http://www.dementiafriends.org.uk)

**Gold Plus Award**

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The Practice has been given the ‘GOLD PLUS AWARD’ for the work it does with Carers!

This is the top level a practice can achieve, a huge well done to Hayley Holland and the team who provide the carers health checks.

**Staff News**

In August we said goodbye to Dr Chiddick (Registrar), Dr Williams and Dr Marshall (both Foundation Stage 2 doctors).

Four new Registrars recently joined the practice; Dr Ruth Barnes, Dr Antonia Wrigley, Dr Charlie Kenward and Dr Mike Claydon.  We also welcome two new Foundations Stage 2 Doctors. Dr Carly Adamson, Dr Joanna Fitzerald

Dr Debbie Morgan (a locum GP) joined the team in September.

The Nursing Team would like to welcome Lynne Richardson, Emergency Nurse, Emily Davies, Emergency Nurse, Catherine Roberts, Practice Nurse.

**Patient Waiting Times**

If you have been waiting 20 minutes beyond your routine doctor’s appointment time, please speak to reception.

However if you are seeing the emergency Doctor/Nurse the waiting time for this clinic can be up to an hour’s wait, due to being an emergency service.

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**PRACTICE NEWSLETTER**

**Bradford on Avon & Melksham Health Partnership**

**Newsletter | October 2014 | Edition 29**



**SMS Text Message Appointment Reminders**

**SMS Text Message Appointment Reminders**

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Would you like to continue to

receive this service?

If so, please speak to the receptionist and they will mark on your record that you are happy to receive appointment reminders by text message. Alternatively, please visit our website and fill out the consent form.

**Monthly Topics of Focus**

The Practice has implemented a monthly “Topic of Focus”.

**Topic for**

**August/September**

**Bookings for flu vaccinations**



This year bookings are being made

from 25th **September** on-line or if you prefer by telephone. To make your appointment please contact us preferably in the afternoon when the phone lines are less busy.

When you telephone for your flu vaccination please be aware the receptionists, will check your eligibility, based on the ‘**at risk’** criteria.

**Child flu vaccination**

Is your child 2, 3 or 4yrs? If so, they may be entitled to receive the flu vaccination. Children who are eligible for the vaccination have their birthday on or after 2.9.09 or on or before 1.9.12.

Children of other ages with long term health conditions are already offered an annual flu.

**Melksham**

**New Signage for**

**St Damian’s Surgery**

The surgery and staff are delighted with the new signage positioned from the main road to the front door of the surgery.

**No Worries Service**



Kirsty Tripp is the Young People Representative at the Surgery.

This service is for young people aged 24 years and under and provides advice on relationships and sexual health issues or any other health issues which are causing concern. Just ask for a ‘No Worries!’ appointment at reception and you will be able to see a practice nurse, on the day, during surgery hours.

For more information Kirsty can be contacted on 01225 866611, or if it’s easier, just drop into the surgery to see if she is available. This service is completely confidential.

**Shingles Vaccinations**

Were you aged 70, 78 or 79 on the 1st September 2014?

If so, you are entitled to the shingles vaccine, other age groups will be introduced in future years to ensure that all people aged 70 to 79 are offered the vaccination.

**Health Trainer Initiative - Free**

Do you want to?

* improve your general wellbeing
* build your

self-confidence and motivation

* eat healthier food and be a healthy weight
* reduce or stop smoking
* be more active
* drink less alcohol

The aim of the Health Trainer Programme is to provide one-to-one health related behaviour change support.

Patients can self-refer to 6 free hours of motivational support across a range of areas e.g. smoking, alcohol, obesity, healthy eating and exercise.

Are you over 18?

A dedicated health trainer can assist you every step of the way in achieving and maintaining your goals. They can also help you find other services and activities.

Call Wiltshire Health Trainers on:

Tel: 0300 003 4566

Email: [**health.trainers@wiltshire.gov.uk**](mailto:health.trainers@wiltshire.gov.uk)

Patients can self-refer to 6 free hours of motivational support, across a range of areas e.g. smoking, alcohol, obesity, healthy eating and exercise.

The sessions will be initially held in BOA library.

[http://t2.gstatic.com/images?q=tbn:ANd9GcTuIxrCR-Gwa1x0xHMAs1sYb_bijfTB3otQn8Dbdb675TGCxZzC8364tsGC](http://www.google.co.uk/url?q=http://www.wiltshire.gov.uk/healthandsocialcare/publichealth&sa=U&ei=P6fHU7OQM4mp7AbZ0oGwBQ&ved=0CBYQ9QEwAA&usg=AFQjCNEI-GtB2IQN6cgmysPi18xreQrz0w)

Practice Website:

www.boamhp.co.uk

**Bradford on Avon & Melksham**

**Health Partnership**