



BRADFORD ON AVON & MELKSHAM HEALTH PARTNERSHIP

Young People's Service



Surgery opening times

Bradford on Avon Health Centre
Monday-Friday
8:30-18:30
01225 866611

Winsley Health Centre
Monday– Friday
8:30-13:00 & 14:00-18:00
01225 860003

St Margaret's Surgery
Monday-Friday
8:30-17:00

Here to Help

Hello, my name is Laura and I am the Young People's representative at the Surgery.

I am here to answer questions and signpost young people wanting to find out more information on anything that is worrying them. Any information shared is in strict confidence.

Please don't hesitate to contact me by telephone at the Surgery or by sending a message via this feedback form- [click here](#).



What is the Young People's Service?

This service is for young people **aged 24 years and under**, providing advice on relationships, sexual health issues or any other health issues which are causing you concern. We also help with un-answered

Includes:

- Free Emergency Contraception
- Contraception Advice
- Free Condoms
- Pregnancy Testing
- Chlamydia Testing

No Worries!

Booking an appointment

You can do this via one of the following ways:

- **Telephone**—Simply ask for a 'no worries' appointment and you will be able to speak to a clinician the same day, during surgery hours
- Use **Doctorlink** and a member of the reception team will contact you to arrange an appointment. To register for Doctorlink— [click here](#)

doctorlink

- If you are not registered at the Surgery, you can still book an appointment by telephoning the Practice



If this sounds like you, then there is no need to worry as you do not need to disclose why you need the appointment. You just need to ask for a no worries or personal appointment.

Helpful Services



Wiltshire Sexual Health Service (WiSe) have lots of helpful resources on their website relating to contraception, STI testing and treatment– [click here](#)

To find your local sexual health clinic– [click here](#)



BPAS can offer advice on abortion, emergency contraception, pregnancy testing and unplanned pregnancy– [click here](#)



Marie Stopes is another organisation where you can seek advice similar to the service BPAS offers– [click here](#)



The Mix are there to help anyone under 25 take on any challenge they are facing from homelessness to finding a job, from break-ups to drugs and from mental health to money– [click here](#)



Young Minds offers reassuring conversations, specialist mental health support, or simply the knowledge that you are not alone in how you are feeling. – [click here](#)



Shout is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope. This service helps people who are anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support– [click here](#)

Self -Help Apps

There are a number of self-help apps available, recommended by the NHS. Please [click here](#) for more details.



NHS Go is a free app which provides young people with confidential health advice — [click here](#)

Free Condoms



As part of the 'no worries' service, we provide free condoms to anyone who is aged 24 and under. Simply ask for a 'no worries' pack which can be picked up from our queries window at the Health Centre or book a 'no worries' appointment. Always check the condom wrapper for the BSI or CE kite mark which stands out to be good quality and safe to use.



Best to Test!

Free "test me kits" are a simple kit to test against Chlamydia. These can be picked up from the Surgery or you can also order them online– [click here](#)

Confidentiality

We would only share your information with other professionals to protect you or others from serious harm. We would always try to discuss this with you first. If you have any further questions about confidentiality, please feel free to speak to the Nurse or Doctor.